



# Changing Behavior: Immediately Transform Your Relationships with Easy-to-Learn, Proven Communication Skills (Color Edition)

*Georgianna Donadio*

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FREE CHAPTER DOWNLOAD at [www.changingbehavior.org](http://www.changingbehavior.org) FREE BOOK DOWNLOAD with Kindle Prime The communication model featured in Changing Behavior is currently the subject of two pilot studies, funded by Blue Cross and Blue Shield of Michigan and the U.S. Department of Health and Human Services/MI Dept of Human Health. A 2015-16 registered clinical trial study has been approved and will be funded by multiple national healthcare organizations. AWARD WINNER 2013 International Book Awards AWARD WINNER 2012 Indie Book Awards --- AWARD WINNER 2012 USA Best Book Awards --- AWARDED - 5 STARS ForeWord Clarion KIRKUS REVIEW - "Recommended...top-tier... [a] strikingly original case for the transformative power of receptiveness." --- MIDWEST BOOK REVIEW - "Changing Behavior is a choice pick for community library psychology and self-help collections." --- James O. Prochaska, PhD, author of "Changing for Good", and renowned expert and researcher on behavior change, says: "The model of Behavioral Engagement has the potential to transform relationships that are suffering or struggling to ones that are thriving!" --- Beth Borg, RN, MHA, Clinical Operations Administrator for the Mayo Clinic, had this to say in her ForeWord comments on this unique, color illustrated guidebook for transforming any relationship through easy to learn, proven communication skills. Ground breaking, hospital tested research is engagingly presented in this beautifully illustrated large size book that explores our behaviors and relationships, including the most important relationship of all - the one we have with ourselves. "Whether you are looking to bring your personal relationships to a whole new level of intimacy and fulfillment or if you desire to transform your professional communication skills, Changing Behavior provides the knowledge and tools to create lasting change for all types of relationships."

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