



# The Potato Lover's Diet Cookbook

*Barbara Gibbons*

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## **The Potato Lover's Diet Cookbook** Barbara Gibbons

barbara Gibbons is the well known author of the nationally-syndicated newspaper column "The Slim Gourmet." Barbara is a successful dieter herself, having gone from 200-plus to 125 pounds by "cooking without calories." The Potato Lover's Diet Cookbook is a collection of her favorite potato recipes.

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