



Iron on My Mind

Dave Draper

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Iron on My Mind

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Iron on My Mind Dave Draper

Push that iron, lift that steel! Iron On My Mind, Dave Draper's third book, is a collection of his best work, designed to provide invigorating shots of insight, encouragement and inspiration to push, drag and lure his readers to the gym day after day. Once known as the Blond Bomber, Draper's readers now consider him the Pied Piper of bodybuilding.

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