



Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Cats)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Cats) can be one of your beginning books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary that will increase your knowledge in vocab, easy to understand, bit entertaining but still delivering the information. The writer giving his/her effort to set every word into enjoyment arrangement in writing Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Cats) nevertheless doesn't forget the main level, giving the reader the hottest along with based confirm resource data that maybe you can be one of it. This great information can easily drawn you into fresh stage of crucial pondering.

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