

Celebrating the Wounded Healer Psychotherapist: Pain, Post-Traumatic Growth and Self-Disclosure



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Celebrating the Wounded Healer Psychotherapist: Pain, Post-Traumatic Growth and Self-Disclosure Why would someone decide to become a psychotherapist? It is well-known within the field that psychoanalysts and psychotherapists are often drawn to their future professions as a result of early traumatic experiences and being helped by their own psychoanalytic treatment. While dedicating their lives to relieving emotional suffering without being judgmental, they fear compromising their reputations if they publicly acknowledge such suffering in themselves. This phenomenon is nearly universal among those in the helping professions, yet there are few books dedicated to the issue.

In this innovative book, Farber and a distinguished range of contributors examine how the role of the 'wounded healer' was instrumental in the formulation of psychoanalysis, and how using their own woundedness can help clinicians work more effectively with their patients, and advance theory in a more informed manner.

Celebrating the Wounded Healer Psychotherapist will be of interest to psychoanalysts and psychoanalytic psychotherapists, graduate students in clinical disciplines including psychology, social work, ministry/chaplaincy and nursing, as well as the general public.

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