



Medicina alternativa (Spanish Edition)

Pedro Engel

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Después de años de estudios, investigaciones y prácticas, llegamos hasta las puertas de este libro y queremos invitar a nuestros lectores a recorrer con nosotros los caminos de la sanación. Esa posibilidad que todos tenemos de vivir de manera plena y armónica, de restituir aquello que hemos ido perdiendo en la vida cotidiana. Este es un nuevo enfoque de vida, una práctica de salud que nos abre a perspectivas diferentes, que pueden ser un complemento a la medicina alopática y entregarnos pautas de conducta que pueden ayudarnos a sanar nuestro cuerpo y alma, y por supuesto, a ser más felices. (Los autores).

Contenidos a destacar del libro:

Rererentes históricos; el descubrimiento de mí mismo; aprender de las crisis.

Los diversos caminos: contacto con la divinidad; regresiones, recordar nuestro pasado; sanar con el Tarot; aprender de los arquetipos; los sueños y sus mensajes; las runas; la creatividad sanadora; las terapias florales; los recursos del cuerpo; el cuerpo y los centros energéticos; la vía angélica; sanar con colores; el sonido y las vibraciones; meditación y técnicas de respiración; los cristales y piedras; energía cósmica canalizada; radiestesia y radiónica; las dietas; sanación chamánica; trabajar con el cuerpo; la sabiduría de los antiguos; sanar con las plantas.

Experiencias de sanación: Eduardo labra; Gina Nanetti; Gloria Liberman; Pedro Engel.

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