



Secret BiPolar: Finding Out at Sixty Two

Jane Miller

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Secret BiPolar is an informative nonfiction story about a divorced woman who has to start over while raising two teenagers alone. All three of them have bipolar/manic depressive disorder, and the daughter has borderline personality disorder. Their entire lives they have done impulsive and irrational things that, a lot of times, resulted in trouble. The story draws the reader in and at times you are 'sitting on the edge of your seat' and can't put the book down. When the woman is sixtytwo and the teens are thirtyone and thirtytwo, they find out they have these illnesses and start medication which ends the story on a happy note. It is very informative for anyone dealing with bipolar/manic depressive disorder and a good story that will keep you intrigued until the end. Read about the crisis and tragedies this family endures until they become enlightened and get on medication. Sure to keep your attention. Recommended for anyone even thinking they have bipolar or manic depressive disorder.

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