

The Mystical Crystal: Expanding Your Crystal Consciousness

Geoffrey Keyte

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Awareness of, and interest in, the therapeutic properties of crystals have grown enormously in the last few years as users have discovered the wide range of their beneficial effects. From his experience as Founder of The Crystal Research Foundation and Director of Crystal 2000, Geoffrey Keyte is able to explain electrocrystal therapy, and to detail healing methods, massage, and relaxation. There are also insights into the origins of crystal therapy and its application to yoga and the chakras. With none of the obscurity which so often accompanies works on crystal healing, this book will be of immediate interest and benefit to New Age discoverers and all concerned with a balanced natural therapy for a healthy self.



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