

### 50 Thoughts to Transform your day: Moments with my mind (Volume 1)

Mr. Ifeanyi Ukonu Ukoha



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# 50 Thoughts to Transform your day: Moments with my mind (Volume 1)

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**50** Thoughts to Transform your day: Moments with my mind (Volume 1) Mr. Ifeanyi Ukonu Ukoha The present comes wrapped in the darkness of night. It is gradually unwrapped at dawn by the sun, always a surprise in some ways & predictable in many ways...It is called, Today. The good thing about today is that some of our words and actions, sown in previous days, will bear fruit. The bad thing about today is that some of our sins sown in the past, will catch up. The best thing about today, is the opportunity to start afresh, learn anew and try again or start something new. None of us can choose what is in the present of each day, but each of us can decide what to put in it or take from it, how we see it and what we do with it. Remember, it's a once in a lifetime gift. Here are 50 thoughts to help you use it well....

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