



# Behavioral Consultation and Primary Care: A Guide to Integrating Services

*Patricia J. Robinson, Jeffrey T. Reiter*

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*“In this 2<sup>nd</sup> edition, Robinson and Reiter give us an updated blueprint for full integration of behavioral health and primary care in practice. They review the compelling rationale, but their real contribution is telling us exactly HOW to think about it and how to do it. This latest book is a must for anyone interested in population health and the nuts and bolts of full integration through using the Primary Care Behavioral Health Consultation model.”*

Susan H McDaniel Ph.D., 2016  
President, American Psychological Association  
Professor, University of Rochester Medical Center

The best-selling guide to integrating behavioral health services into primary care is now updated, expanded and better than ever!

Integration is exploding in growth, and it is moving inexorably toward the model outlined here. To keep pace, this revised text is a must for primary care clinicians and administrators. It is also essential reading for graduate classes in a variety of disciplines, including social work, psychology, and medicine.


This updated edition includes:

- A refined presentation of the Primary Care Behavioral Health (PCBH) model
- The latest terms, trends and innovations in primary care
- Comprehensive strategies and resource lists for hiring and training new Behavioral Health Consultants (BHC)
- Step-by-step guidance for implementing the PCBH model
- A plethora of evolved practice tools, including new Core Competency Tools for BHCs and primary care providers
- Sample interventions for behaviorally influenced problems
- The use of “Third Wave” behavior therapies in primary care
- Detailed program evaluation instructions and tools
- The latest on financing integrated care
- An entire chapter on understanding and addressing the prescription drug abuse epidemic
- Experienced guidance on ethical issues in the PCBH model
- Improved patient education handouts

With all of the changes in health care, the potential for the Primary Care Behavioral Health (PCBH) model to improve primary care—and the health of the population—is greater than ever.

This book should be the first read for anyone interested in realizing the potential of integration.

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