

Formulation as A Basis for Planning Psychotherapy Treatment

Dr Mardi J Horowitz M.D.

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Formulation as A Basis for Planning Psychotherapy **Treatment**

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Formulation as A Basis for Planning Psychotherapy Treatment Dr Mardi J Horowitz M.D.

The book presents a formulation system that combines concepts derived from psychodynamic, interpersonal, cognitive-behavioral, and family system approaches. This useful guide shows psychiatrists, residents in psychiatry and psychology, social workers, and marriage and family counselors how to plan treatment after the initial diagnosis.



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