



# Emotional Intelligence in a Week: Teach Yourself (Teach Yourself in a Week)

*Jill Dann*

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**Emotional Intelligence in a Week: Teach Yourself (Teach Yourself in a Week)** Jill Dann

Emotional intelligence is crucial to anyone who wants to advance their career.

Written by Jill Dann, a leading expert on emotional intelligence, this book quickly teaches you the insider secrets you need to know to in order to show emotional intelligence in the workplace.

The highly motivational 'in a week' structure of the book provides seven straightforward chapters explaining the key points, and at the end there are optional questions to ensure you have taken it all in. There are also cartoons and diagrams throughout, to help make this book a more enjoyable and effective learning experience.

So what are you waiting for? Let this book put you on the fast track to success!

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