



Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Nautical Floral)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Percy Brown:

What do you in relation to book? It is not important along? Or just adding material when you want something to explain what your own problem? How about your spare time? Or are you busy individual? If you don't have spare time to try and do others business, it is gives you the sense of being bored faster. And you have spare time? What did you do? All people has many questions above. They must answer that question simply because just their can do which. It said that about reserve. Book is familiar on every person. Yes, it is appropriate. Because start from on jardín de infancia until university need this Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Nautical Floral) to read.

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