



The Slow Cooker Vegetarian: 100+ Vegetarian Slow Cooker Recipes (Including Desert, Snack, Side Dishes, and Dinners)

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Is it really possible to work and be healthy? Unless you have super hero powers, working an 8 hour day, only to come home and cook for another hour is simply an unrealistic goal. Does this mean you have to be doomed to eating microwave dinners and fast food? Of course not! Slow cookers make it possible to have a fresh, healthy meal every day with little effort. Over one hundred slow cooker recipes are included in this cookbook (including snacks, breakfasts, side dishes, and, of course, dinners). Each recipe was specially selected based on two criteria: one, are they healthy, and two, are they so ridiculously simple to make that even someone who burns water could do it!

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