



101 Freedom Exercises: A Christian Guide for Sex Addiction Recovery

Douglas Weiss

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Are you feeling trapped by sexual addiction? Are you feeling hopeless that you might never get free from these thoughts and behaviors? You can believe freedom from sex addiction is possible as thousands of Christians like you are now experiencing a life free from sexual addiction!

Douglas Weiss, Ph.D. is a prolific author, psychologist and the President of the American Association for Sex Addiction Therapy. He is also the Executive Director of Heart to Heart Counseling Center in Colorado Springs where they offer 3 or 5 day Intensives. Dr. Weiss provides 365 early recovery tips on his free App DrDougsTips.

Sex addiction impacts people of all religions. Sex addiction can bring confusion and hopelessness to a Christian. The 101 Freedom Exercises for Sexual Addiction Recovery is a real practical roadmap for sex addiction recovery. Sex addiction does not have to defeat any Christian any more. These exercises have been used for decades in treating Christians with sex addiction. Sex addiction is something you can walk away from. Thousands have already experienced the freedom from sex addiction that the 101 Freedom Exercises from Sexual Addiction gives to each reader.

In this book you will:

- Be exposed to a very clear path to sex addiction recovery
- Through each page be equipped to destroy the strongholds of sex addiction in your life
- Create the support you will need to heal from sex addiction
- Be exposed to probably the most practical approach to healing from sex addiction on the planet

Finally, you can be free from sex addiction! Dr. Weiss has been personally free for over 30 years and you can as well!

Buy *101 Freedom Exercises* today to start your lasting journey of freedom from sexual addiction.

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