



Assessing Adult Attachment: A Dynamic-Maturational Approach to Discourse Analysis (A Norton Professional Book)

Patricia McKinsey Crittenden, Andrea Landini

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A method for identifying the psychological and interpersonal self-protective attachment strategies of adults.

This book focuses upon new methods of analysis for adult attachment texts. The authors' introduce a highly nuanced model—the Dynamic-Maturational Model (DMM)—providing clinicians with a finely-tuned tool for helping patients examine past relationships, in addition to gauging the potential effectiveness of various treatment options. The authors offer a fascinating explanation of the neurobiological underpinnings of DMM, grounded in findings from the cognitive neurosciences about information processing. In this volume, readers have an eminently practical, theoretically-grounded work that is sure to transform many types of therapy.

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