



Bipolar Kids: Helping Your Child Find Calm in the Mood Storm

Rosalie Greenberg

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Once considered an adult illness, bipolar disorder is one of the fastest growing categories in child psychiatry, touching the lives of an estimated one million children. But often it goes misdiagnosed, and kids can be prescribed medication that only worsens the condition. With her twenty-five years' experience, child psychiatrist Rosalie Greenberg offers parents and professionals alike an innovative approach to help bipolar youngsters locate that elusive inner calm. Gathering stories from families on the front lines, she shows parents how best to navigate the peaks and valleys of the disorder, addresses family relationships, and guides parents in making meaningful choices about their child's education and treatment options. A masterful book that recognizes the brilliance and creativity in bipolar kids, it will give hope that every child can, with the proper interventions, lead a full, productive life.

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