



How to Stop Looking for Someone Perfect and Find Someone to Love

Judith Sills Ph.D.

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So you think you're ready for the BIG relationship. You want to meet that certain someone and settle in for a long commitment. But there's no one out there, you say. Stop right there! Judith Sills, a practicing psychologist, will teach you to screen potential mates quickly and accurately, discover your relationship patterns and how and when to break them, and, most importantly, to rid yourself of destructive dead-end thinking forever.

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