



Logotherapy: Viktor Frankl, Life and Work

Neil A. Soggie

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Following World War II, Viktor Frankl revolutionized the field of psychotherapy with the inception of logotherapy. With *Logotherapy: Viktor Frankl, Life and Work*, Soggie offers a compelling and comprehensive introduction to both the man and his contribution to psychotherapy. Through the examination of Frankl's life as a boy to his days in a concentration camp and his post-war work, Soggie paints a rich portrait of Frankl and the origins of logotherapy. Complete with in-depth explanations of logotherapy's key concepts, including dimensionalism, love, responsibility, and freedom of the will, this book serves as a great complement to Frankl's own works and a valuable resource to practitioners and therapists in training alike.

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