

# 101 Paleo Cookie Recipes: Gluten-Free, Grain-Free, Sugar-Free, and Low Carb Cookies, Bars, and Brownies

Kris Crepeau



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You don't have to give up on desserts during the Paleo diet. You can still satisfy your sweet cravings with just a few tips and tricks and some basic baking skills. So it's time to put your apron on, get your ingredients ready and start baking the amazing recipes found in this book. They are all a mix of delicious and fairly healthy so you don't have to feel guilty for indulging on these cookies, bars or brownies. Just enjoy the process and find delight in the final result!

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