



Irritating the Ones You Love: The Down and Dirty Guide to Better Relationships

Jeff Auerbach

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Whether it's a sister who chews her food too loudly or a spouse who won't open up about his feelings, we all have those little irritations that threaten to damage our important relationships. Learn how to uncover the hidden attractions that keep drawing you toward conflict, tame your pet peeves, and avoid repeating past mistakes. This book will strengthen your relationships by helping you identify sources of irritation and build on the principles necessary to overcome their influence.

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